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**Brisbane Office**

* 07 3488 8118
* 51 Ballow St, Fortitude Valley QLD 4006
* [info@valleyplasticsurgery.com.au](http://info@valleyplasticsurgery.com.au/)

**Sydney Office**

* 1800 678 679
* 18 Transvaal Ave, Double Bay NSW 2028
* info@onecosmetic.com

**INSTRUCTIONS FOR PATIENTS UNDERGOING CO2 LASER RESURFACING**

**Pre/Post CO2 Laser Skin Care**

Pre –

* Start compounded skin care products recommended by Dr Honeybrook prior to your CO2 laser treatment
* Valacyclovir 500MG one tab twice daily start on day of CO2 laser procedure and continue for 5 days

Week 1 Post Surgical:

* Over the first week the outer layer of your skin will crust and shed revealing the fresh new skin underneath. DO NOT pick or pull at the crust as this can result in scarring, bleeding and infection
* Shower twice daily and cleanse with baby shampoo or a gentle skin cleanser
* Moisturiser:
	+ Use Cutagenix 2x per day. There may be an initial tingle/burning sensation which is normal and represents oxygenation of the tissues

Weeks 2 - 4 Post Surgical:

* Continue to cleanse and apply moisturiser – Per Dr Honeybrook’s direction
* Use mineral based (zinc) sunscreen daily

**PROBLEMS TO REPORT**

* Signs of infection:
	+ Increasing redness
	+ Increasing pain
	+ Fever
	+ Discharge of pus from the wound
* Increasing swelling
* Prolonged or increasing volume of bleeding
* Nausea or vomiting that is not settling
* Chest pain and /or shortness of breath
* Pain in your calves

**FOLLOW UP CARE**

Your follow up visit is usually 1 to 2 weeks after surgery. If you do not already have a post-surgery follow up appointment, please call the office number listed above where you were originally seen. If you have any questions or concerns prior to your scheduled appointment, please call the office and speak with one of our nursing team during business hours (8:30AM – 4:30PM).

In case of a LIFE THREATENING emergency please call 000.

Any other information regarding this procedure or any other surgical procedure can be found at [www.drhoneybrook.com.au](http://www.valleyplasticsurgery.com.au).